
PRIVATE HEALTH DOSSIER

## Overview

The Private Health Dossier (PHD) is a pioneering Real-World solution that leverages blockchain technology to restore ownership of sensitive and protected healthcare information back into the hands of the patient. PHD is the first decentralized Electronic Medical Record (EMR) that resides on the blockchain and is controlled by the patient/consumer, and not one of the plethora of electronic medical platforms utilized by insurance companies, hospitals, and other healthcare providers.

Through the Care Coin token, the latest innovation for patient-centered care, PHD creates a decentralized, secure, and efficient ecosystem where patients control their own health information. Imagine a single point to securely store a patient's entire health history that is Health Insurance Portability and Accountability Act (HIPAA) compliant and only accessible by patient/consumer permission.

Patients/Consumers no longer must access multiple partial health records when switching insurance companies, changing healthcare providers, or when facilities swap out software platforms. Through a cold storage dossier, such as Bluetooth-enabled hardware or a QRC and passkey via mobile device, the owner will have their entire medical and health history stored in one place on the blockchain with the ability to allow access to only those with permission.

PHD will develop a simple integration for easy interfacing with all existing electronic health systems. The additional security and patient ownership through blockchain ledger provides an additional layer of security and HIPAA compliance to the providers as well as the patients.

The PHD system solves the immense demand for individual autonomy and proprietary rights, continuity of care, secure patient information, and HIPAA compliance. PHD also reserves 25% of its profits for direct donations to nationwide health issues, such as dementia, cancer, and autism. Our vision is for the entire planet to have a PHD.

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## Introduction

Health information represents the most private information about us. Due to the nature of our healthcare industry, we are both patients and consumers, which means if our healthcare data is compromised, we are vulnerable both medically and financially. Moreover, we are not the keepers of our own health information, which means that we are at the mercy of the security measures that others deem sufficient.

According to the HIPAA journal (1/20/2025), there were 45.9 million healthcare records breached in 2021 and 51.9 million in 2022. Even with such a concerning number, security has not improved, and the HIPAA journal reported a staggering 168 million healthcare records exposed, stolen or otherwise impermissibly disclosed in 2023.

Most healthcare records are scattered among past and present insurance companies and care providers. The current care provider must piece together a patent's health history through paper, incompatible systems between facilities, archaic facsimile machines or other sources, if the historical records still exist, to garner a full historical picture of a patient's health.

Utilizing Blockchain technology, specifically Layer-2 Solutions, PHD will single handedly return healthcare information possession to its rightful owner… the patient/consumer. Layer-2 will permit PHD to maintain a single, secure storage point with fast efficient access to an electronic medical record granted by the owner directly to the healthcare provider.

**Private Health Dossier's Mission Statement**

At PHD (Private Health Dossier), our mission is to revolutionize healthcare data ownership by empowering patients to take control of their protected health information. Through the power of blockchain—specifically Layer-2 solutions—we provide a secure, decentralized platform that enables fast, efficient, and permission-based access to electronic medical records. By returning control of health data to the individual, we are reshaping the future of patient-centered care, transparency, and trust in digital health.

## Care Coin

Care Coin is the established cryptocurrency at the core of the PHD ecosystem. This digital asset represents a unit of value within the PHD ecosystem and is an ERC-20 token built on Ethereum. Care Coin harnesses the inherent advantages of blockchain technology, such as immutability and transparency, to ensure equitable, traceable and tamper-proof interactions within PHD ecosystem.

With recent favorable SEC rulings and broad acceptance throughout the executive and legislative branches in the US Federal Government, Care Coins will one day serve as a payment option for care providers, hospitals, and other medical procedures not covered by insurance.


Although there is no guarantee of returns, Care Coin will be attractive to investors and other cryptocurrency traders as the entire planet takes back control of their healthcare history and electronic medical records, and PHD has billions of users. Care Coin will have a limited circulating supply of a real-world application coin, theoretically creating scarcity and desirability, simultaneously, and driving token value.

**Caution Regarding Forward-Looking Statements**

This whitepaper contains certain forward-looking statements regarding the business we operate that are based on the belief of PHD as well as certain assumptions made by and information available to PHD. We do not provide financial or investment advice and PHD is not a financial advisor. Forward-looking statements, by their nature, are subject to significant risks and uncertainties. Forward-looking statements may involve estimates and assumptions and are subject to risks, uncertainties and other factors beyond our control and prediction. Any forward-looking statement speaks only as of the date of which such statement is made, we undertake no obligation to update any forward-looking statements to reflect events or circumstances after the date on which such statement is made or to reflect the occurrence of unanticipated events.

## › What is PHD

Private Health Dossier (PHD) is an innovative ecosystem designed to revolutionize Protected Health Information (PHI) and Electronic Medical Records (EMR) by leveraging blockchain technology. It connects patient/consumer health information through a decentralized platform, ensuring security, efficiency, and sustainability in healthcare charting and transactions. While PHD promotes speed and security, its primary focus to both patients and providers lies within the single point of ownership.

Connecting and disconnecting PHD through a simple and seamless integration with existing healthcare software provides the patient with dedicated ownership and alleviates the provider with many of the stringent HIPAA risks and requirements of PHI compliance. Both parties have peace-of-mind knowing that the entire medical history is accessible in one place and HIPAA violations and data breaches are mitigated.

At its core Care Coin represents value through PHD users and PHD connections. Investors can diversify their portfolios by including Care Coin, tapping into a market with immense exponential potential for growth. Facilitating secure and efficient transactions through blockchain enhances the liquidity and profitability of a true utilitarian investment. Although PDH cannot guarantee gains or losses related to Care Coin, we err on the side of optimism as tens of millions of patients/consumers take back ownership of their private medical history and obtain their own PHD.

## › How It Works

PHD operates as a decentralized network, enabling direct access to patients' healthcare information and records through their electronic private health dossier. PHD will enable existing healthcare software and medical applications to easily integrate through plug-in cold storage solutions or via QR Codes and passkeys maintained on patients' mobile devices. After patient permission is granted, the healthcare provider will be allowed to review the entire health history, open a new visit/chart, record notes and diagnosis, and other pertinent information, such as diagnosis, prognosis, and pharmaceuticals.

PHD remains read-only for the patient/consumer to prevent accidental or intentional changes to the data reported by healthcare providers, insurance carriers, and treatment facilities. Every PHD transaction is recorded on a layer-2 blockchain to guarantee the highest level of security, the fastest transaction speeds available, and the lowest fees possible. Smart contracts are used to automate the transaction process, eliminating the need for intermediaries and significantly reducing the risks of manipulation, and easy integration.

## 〉Building On Layer-2

In our unwavering pursuit of creating a robust, efficient, secure, affordable, and scalable platform, we selected a Layer-2 solution, specifically Polygon. Our decision was driven by several key factors that align with our mission's promise to provide a cost-effective and secure, decentralized platform that enables fast, efficient, and permission-based access to electronic medical records.

***1. Scalability and Efficiency*** - Polygon offers significant improvements in scalability and transaction speeds compared to traditional Layer-1 blockchains. Utilizing Polygon enables PHD to handle a high volume of transactions without compromising performance. This scalability proves crucial for our platform, which aims to support 100's of millions of users and transactions as it grows.

***2. Cost-Effectiveness*** - Low transaction fees are a major advantage of Polygon. Preserving low costs proves essential for a platform designed access robust healthcare records and facilitate millions of transactions daily. Polygon's cost-effective nature ensures that users perform transactions without incurring high fees.

***3. Security and Decentralization*** - Polygon leverages the security of the Ethereum blockchain, providing a secure and decentralized foundation for the PDH ecosystem. This ensures that all transactions and interactions within the platform are protected against fraud and tampering, maintaining the trust and integrity of PHD.

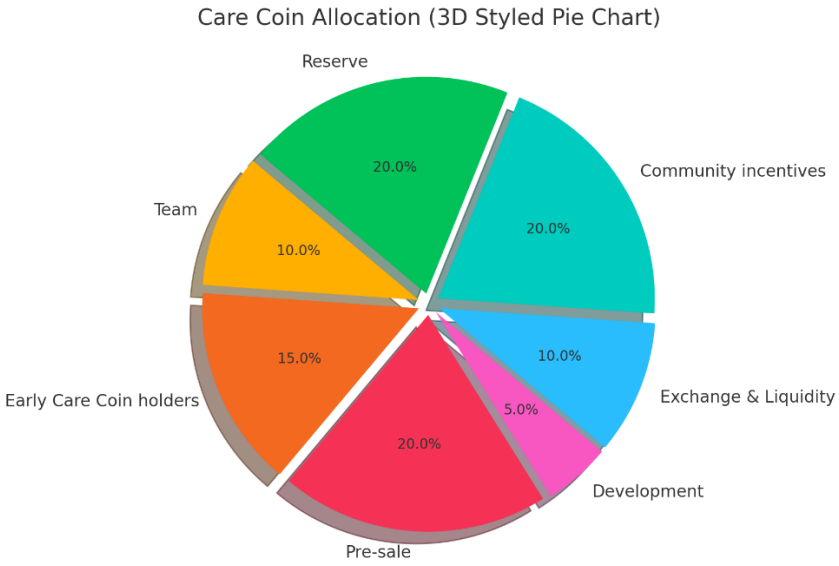
***4. Developer-Friendly Environment*** - Polygon's compatibility with Ethereum's tooling and infrastructure makes it an ideal choice for developers. This compatibility allows our development team to leverage existing tools, libraries, and frameworks, accelerating the development process and ensuring a seamless integration with existing healthcare software and applications.

**5. Conclusion** - Selecting Polygon as the Layer-2 solution for PHD demonstrates our commitment to providing a scalable, cost-effective, and secure platform for global digital healthcare data management. Exploiting Polygon's strengths ensures that the PHD ecosystem can grow sustainably and efficiently, offering users an unparalleled experience in accessing and managing their protected private healthcare information.

## 〉Tokenomics

- Care Coin is the native ERC-20 token of the PHD Ecosystem, with a fixed supply of 500 million tokens. Care Coins are utilized to invest in the PHD ecosystem and, one day, pay for deductibles, co-pays, and other medical and healthcare related expenses.

- Allocation – Team 10%; Early Care Coin holders 15%; Pre-sale 20%; Development 5%; Exchange & Liquidity 10%; Community incentives 20%; Reserve 20%




The PHD Team allocation subject to a 24-month vesting period with an initial lock up of 12 months.

Early Investors/coin holders subject to the same conditions as the team allocated tokens.

Pre-sale tokens unlocked on the public-listing date.

Exchange & Liquidity combined across centralized and decentralized exchanges.

Development allocation held for future development, improvement, and additional profit-centers.

Community Incentives dedicated to community and user rewards.

Reserves dedicated to the project's reserve and treasury with any outstanding unallocated tokens from other allocations to be added to the reserve.

Utilization of the Private Health Dossier drives the fundamental demand for Care Coin, and with a fixed supply, it is not subject to inflation. On the contrary, certain functions such as burning Care Coins reduce supply and cause appreciation.

The funds raised through the pre-sale will serve to build the PHD ecosystem and raise public awareness via social media and television advertising. Pre-sale revenue will also serve to develop the community and ensure sufficient liquidity of the Care Coin token for upcoming listings in Exchanges.

These funds will be instrumental in implementing the various services within the PHD ecosystem, including optimizing the layer-2 database, expanding our reach and on a global scale, and ensuring lightning-fast software integration while maintaining the highest levels of privacy and security. Supporters participating in the pre-sale will be investing in the future of electronic healthcare technology and returning sensitive private healthcare information to its rightful owners… the patients/consumers. We welcome you to join us on

this transformative journey to create a decentralized, efficient, and secure private health dossier.

## 〉Roadmap

Once funding from pre-sales commences, PHD will follow an aggressive timeline to include assembling the programming team and developing the layer-2 database via Polygon while simultaneously promoting national and global awareness. The following roadmap illustrates strategic milestones required to deliver the fastest schedule from development to market.

**Phase 1 – Introducing PHD**

- ❖ Initiation of pre-sale
- ❖ Fromation of legal and compliance team
- ❖ Assemble programming team
- ❖ Critical development stage
- ❖ Collaborate with electronic medical software providers for integration solutions

**Phase 2 – Building The Dossier**

- ❖ Hire marketing team
- ❖ Complete Layer-2 application and smart contracts
- ❖ Listing on Tracking platforms
- ❖ Finalize software integration
- ❖ Develop advanced analytical tools

**Phase 3 – Giving Back Ownership**

- ❖ Launch strategic marketing campaigns
- ❖ Conclusion of Pre-sale
- ❖ Listing on Exchanges
- ❖ Launch live version of PHD
- ❖ Develop advanced features

Exact dates remain speculative and dependent upon the initiation of the Care Coin pre-sales event. Each phase will be driven aggressively in an effort to release PHD to the patient/consumer without delay. Our straightforward roadmap is designed to reflect the basic and most fundamental steps required for product success.

# ROADMAP

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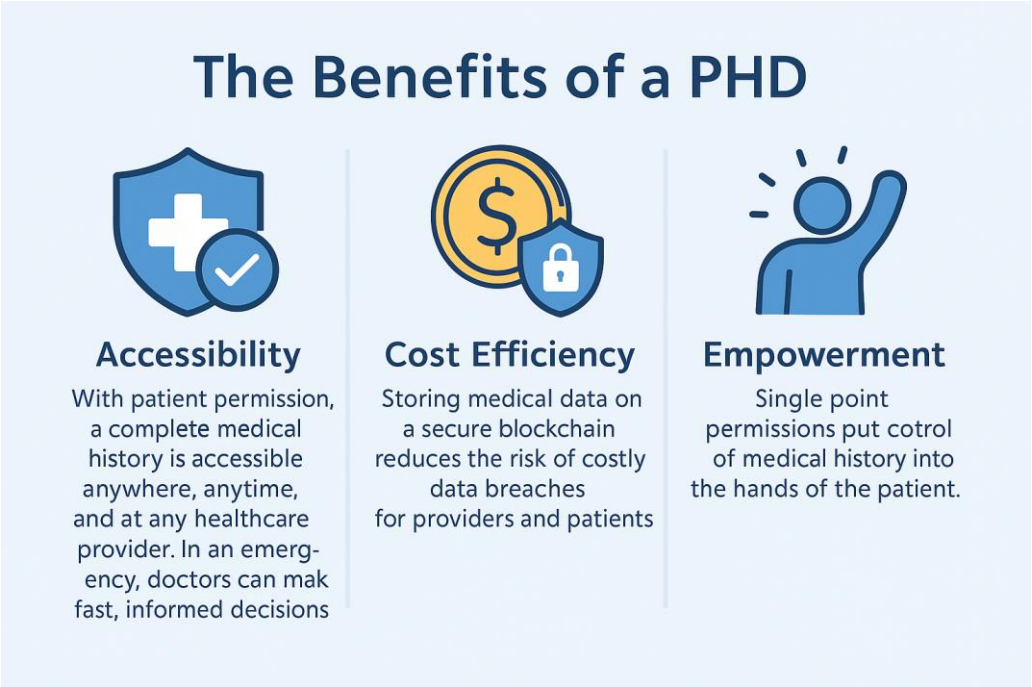
- Develop advanced features

PHD is committed to transforming the vision of patient and consumer empowerment into a tangible, real-world solution through innovative health data ownership and access. PHD will bridge dream to reality, altering the dynamics of electronic medical records, protected health information, and patient privacy.

With all electronic information recorded on the blockchain, and the process overseen by smart contracts to ensure the terms of the transaction are fulfilled by both parties, a patient's entire health history is accessible on the most secure, private database available. Utilizing the most advanced layer-2 blockchain technology will establish trust among users including renewed consumer confidence, improved provider HIPAA compliance, and reduced governmental oversight. The benefits of a PHD are substantial.

- Accessibility – with patient permission, a complete medical history is accessible anywhere, anytime, and at any healthcare provider. In the event of an emergency, ER doctors and staff can make fast informed decisions based on the patient's entire medical history in real time.
- Cost Efficiency – millions of health records are breached annually, costing healthcare providers millions of dollars and exposing patients to identity theft and other malicious identity crimes. Storing medical data and sensitive patient information on a PHD blockchain storage removes these financially catastrophic risks from both the patient and the provider for pennies.
- Empowerment – single point permissions give back the power to the patient, allowing them control of their medical history and overall health privacy, and fostering a sense of ownership and responsibility.



## 〉Conclusion

PHD is poised to reshape the electronic medical record industry and ownership of protected health information. Through blockchain technology, the hundreds of millions of privacy breaches will be eliminated and patients will be in control of their medical and health history without exposure or HIPAA concerns. PHD ensures that the entire history is quickly accessible in one place without having to assemble partial records from multiple provider software applications and platforms.

Physicians can make holistic medical decisions from annual physicals to health gaps and from disease processes to emergency situations directly in the ER and in real time. Providers and other healthcare organizations can focus less on HIPAA compliance, potential privacy breaches, and other government regulations concerning protected health information, and redirect resources to improved patient outcomes.

The utility of the PHD token, Care Coin, extends far beyond a medium of exchange or an investment opportunity. Care Coin's future will one day allow patients and providers to exchange the token for services rendered, co-pays, or other ancillary charges related to healthcare.

The PHD approach to electronic health information serves not as a "new solution" but the future paradigm in the healthcare space.

## 〉Team

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